



# CSUSB to host third annual Run Like a Mother 5K on Nov. 2

By **Press Release**- October 18, 2019



Date: November 2, 2019

Time: 8:00

Location: CSUSB 5500 University Parkway San Bernardino, California 92407

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Community

San Bernardino, Ca – With proceeds going to the Time for Change Foundation and ultimately benefitting homeless women and children, the third annual Run Like a Mother 5K will be held at Cal State San Bernardino on Saturday, Nov. 2.

The run/walk fundraiser is hosted by CSUSB's Eta Sigma Gamma National Health Education Honorary Society and students of Health Science 404: Women's Health and held in memory of Jordyn Rivera, a CSUSB student who was killed in the mass shooting in Las

Vegas on October 2017. At the time, Rivera was heavily involved in planning the race and students in the society decided to dedicate the event in her memory.

“The Run Like a Mother 5K was created to bring our communities together to focus on the issues affecting them and celebrate those community organizations that address those concerns,” said Nicole Henley, faculty coordinator of the 5K and CSUSB assistant professor in the health science and human ecology department. “The 5K is also a great example of the hard work and collaboration of our various student groups who work incredibly hard to plan and implement this event.”

Check-in for the race is at 8 a.m. with the start of the race at 9 a.m. The race entry is \$10 for students and \$15 for all others.

Registration can be done online at the 3rd Annual CSUSB Run Like A Mother 5K Run/Walk Eventbrite page.

Cal State San Bernardino Recreation & Wellness will be hosting a canned food drive for the Obershaw DEN food pantry.

For more information on The Run Like a Mother 5K, contact Nicole Henley at (909) 537-7228, [Nicole.Henley@csusb.edu](mailto:Nicole.Henley@csusb.edu) or Angie Verissimo at (909) 537-3336, [AOTinianoVerissimo@csusb.edu](mailto:AOTinianoVerissimo@csusb.edu).

### **About Cal State San Bernardino**

California State University, San Bernardino is a preeminent center of intellectual and cultural activity in Inland Southern California. Opened in 1965 and set at the foothills of the beautiful San Bernardino

Mountains, the university serves more than 20,000 students each year and graduates about 4,000 students annually. The university offers more than 70 traditional baccalaureate and master's degree programs, education credential and certificate programs, and a doctorate program in educational leadership. Every one of its academic programs that is eligible has earned national accreditation. CSUSB reflects the dynamic diversity of the region and has the most diverse student population of any university in the Inland Empire. More than 80 percent of those who graduate are the first in their families to do so.

For more information on Cal State San Bernardino, contact the university's Office of Strategic Communication at (909) 537-5007 and visit [inside.csusb.edu](http://inside.csusb.edu).



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