

## REMARKABLE WOMEN

# And the 2025 Remarkable Women winner is...

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LOS ANGELES (NEXSTAR) — Dr. Kim Carter-Tillman, founder of the Time for Change Foundation, has been named Nexstar's 2025 Remarkable Woman of the Year for her transformative work in San Bernardino, California.

Carter-Tillman, a survivor of homelessness, incarceration, and addiction, established the Time for Change Foundation in 2002 to support homeless individuals regain self-sufficiency. The foundation offers emergency shelter and supportive services.

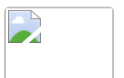
Aimee Durante, who nominated Carter-Tillman for the award, credits her with saving her life 12 years ago. Now a program administrator at the foundation, Durante said she overcame addiction and abuse with Carter-Tillman’s guidance.

“She welcomed me with open arms. I’m a completely different person today than I was when I got here,” said Durante. “I probably would be dead.”

The Time for Change Foundation also operates the Black and Brown Opportunities for Profit Center and Business Academy, providing entrepreneurial resources to women of color.

With the national recognition and a donation, Carter-Tillman is poised to further her mission of empowering individuals and transforming lives in her community. Carter-Tillman receives a check for \$25,000 for being named the national winner. [She was previously named KTLA’s local finalist.](#)

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Brenda Robinson dedicates her time to teaching at [Fly Right](#), where she inspires the next generation of aviation professionals through camps and classes. In addition to her teaching, Robinson mentors young people, offering guidance on life and career possibilities.

### **Holly Schwab: Holly Springs, North Carolina**

Holly Schwab founded [Zach's Toy Chest](#) to provide toys and books to children in hospitals. The charity was [inspired by Schwab's son Zach](#), who needed distractions during his cancer treatments. In its first year, Zach's Toy Chest received 600 donations, and it now receives thousands annually. This growth highlights the community's support and the impact of the charity's mission.

### **Inez Russell: Waco, Texas**

As the founder and executive director of Friends For Life, [Russell works to help older and disabled adults](#) live independently and safely. She started [Friends For Life](#) in 1989, and the nonprofit has since expanded its services to 82 counties across Texas. Her recognition as a Remarkable Woman highlights her dedication to improving the lives of vulnerable populations.

### **Sandy Burgener: Champaign, Illinois**

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Sandy Burgener has [dedicated 20 years](#) to supporting Alzheimer's patients and their families through her work with Minds in Motion. Minds in Motion, the organization through which Burgener operates, provides a safe and loving environment for those affected by Alzheimer's, offering not only patient care but also family support.

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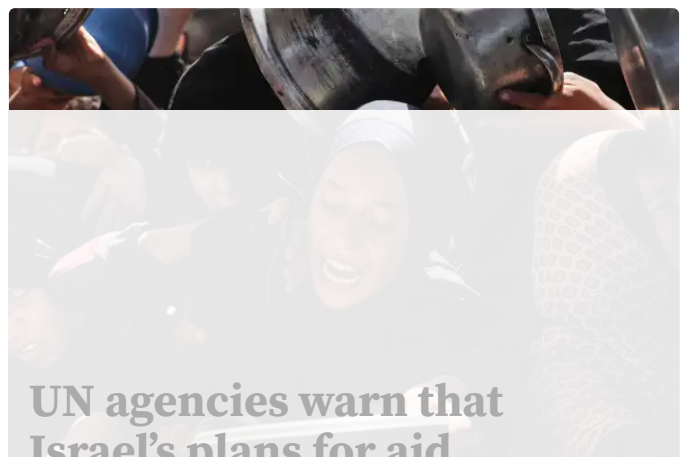
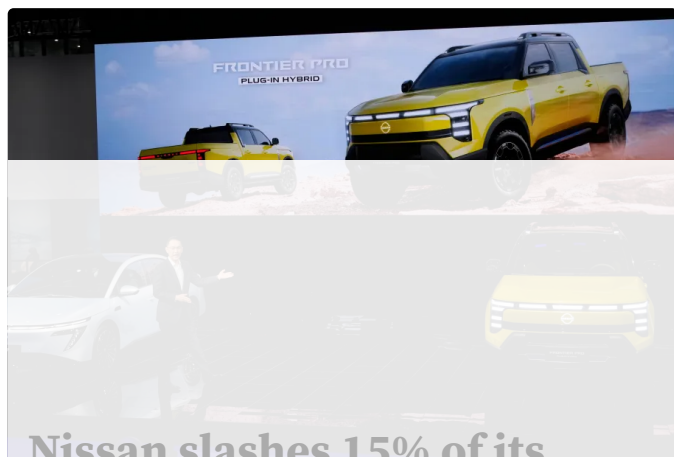
markets, The CW Network, NewsNation, and The Hill. It has generated more than 46,000 nominations and showcased more than 2,200 women since its inception in 2020.

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