



THE ROAD TO CHANGE

*We call it **HOME**, Others call it **HOPE***

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Rebuilding My Life Story

Precious Thomas is a prime example that it is never too late to rebuild your life story. In 2015, Precious was faced with a spiral of events that left her feeling as though she had hit rock bottom. She began to feel hopeless after losing her primary income, her apartment, and experiencing the emotions of a failing relationship. Overwhelmed by the responsibilities of life Precious recalls being discouraged to the point that she wanted to give up. "I didn't want to have any more responsibilities. I started using cocaine and I loved it. I was out living life like never before..."

By the end of 2015, Precious was serving a 3 month sentence in the County Jail. She was convicted of a felony charge that lead to 3 years probation, 52 weeks of domestic violence classes, and a criminal fine. "From there I was going downhill for sure. I stayed in a domestic violence relationship for over a year feeling hopeless and depressed."

In December 2017, Precious became pregnant. A few months later she would be faced with mourning the lost of her father. "I didn't find out until February 2018 that I was pregnant, and my dad died a month later, so I grieved during my whole pregnancy." In order to continually cope with life's stresses Precious continued the use of marijuana and cocaine which led her to lose custody of her daughter immediately after birth. It was during this trauma that Precious realized that it was time for change. After being discharged from the hospital Precious enrolled herself into Cedar Life House Change Center, located in Bloomington, California. It was there that she began a successful path towards sobriety. Within 3 months Precious had completed the program and was ready to work towards regaining custody of her daughter. With persistence Precious contacted Time For Change Foundation (TFCF), knowing that they would help her reunify with her daughter.

It was at TFCF where Precious was able to begin visits with her daughter and to experience the joy of being a mother. After only one month at TFCF Precious is on track to completing her high school diploma and has increased regular visitations with her daughter.

"Since having regular visits I have gotten two additional hours of visitation time and I'm working on getting over-night visitations. Time for Change will lead me to get my daughter back, gain a job and my own place again!"

With every stride that Precious takes she becomes one step closer to being independent and self-sufficient. Though her journey is not over, this is her story...and she is successfully rebuilding her life!



MISSION

*To empower
disenfranchised low
income individuals
and families by
building leadership
through evidence-
based programs and
housing to create
self-sufficiency and
thriving
communities.*

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A Helping Hand

Ashley, a native to the Inland Empire, is no stranger to overcoming difficult times. At a much younger age Ashley took on the responsibility of caring for her ailing grandparents. It was for this reason that Ashley spent her early adult life living in Louisiana. Though never legally married, it was there that Ashley built a home, a family, and a life with the father of her three children. After the death of her grandparents Ashley was faced with extended hardship, including a cohabiting relationship that began to spiral downward. Ashley recalls that it wasn't until after her life-partner began using drugs, often leading to enduring battles of domestic violence, that she made the decision for her and her children to move back to Southern California, and live in the safe haven of her father. Knowing that this was the best escape, Ashley rejoined her father in San Bernardino, and became his primary care giver. However, in October 2018, Ashley had to make the decision of placing her father in a nursing home for the overall health and care that he needed. As a result, this left Ashley and her children homeless, living and sleeping out of their car at a local park.

One afternoon, while searching the internet for resources that could help, Ashley found Time for Change Foundation. "I was overjoyed when I reached out to Time for Change, they accepted me into their program the following day. It was unbelievable that me and my kids could stay together. Since coming here, Time for Change provided clothing for us, we had our first home cooked meal in a long time, I have been able to enroll my kids in school, and we have a home where we can all be together." Ashley and her children are now on a clear path that will provide her children with the opportunity to thrive. With stable housing she now has the opportunity to reach her goals of becoming an Alcohol and Drug Counselor, all she needed was a helping hand to get her back on her feet.



Brighter Futures Start Here!

Time for Change Foundation has officially duplicated our model and expanded our services across California with the opening of our newest home for women and children, Brighter Futures! This expansion work is supported by a grant from the James Irvine Foundation. Their contribution enables us to help more homeless women and children reach self-sufficiency! We're very thankful for their support!



The James Irvine
Foundation

San Manuel Band of Mission Indians Support TFCF



We are happy to announce that we are a proud grant recipient of San Manuel Band of Mission Indians. We want to thank San Manuel for their continued support to ending homelessness for women and children in San Bernardino! To date we've helped over **1,200 homeless women and children** reach self-sufficiency and we could not have done it without partners like them. We are beyond grateful!

Thank you San Manuel!

SAN MANUEL
BAND OF MISSION INDIANS

Partner with us!

At Time for Change Foundation we don't recycle homelessness, we end it. Partner with us today to help provide homeless children with a safe, warm place to call home!



Let's Connect

- Make a financial contribution
- Become a volunteer
- Host an open house
- Teach a class
- Help decorate a family's home
- And more!



Email:
Info@TimeForChangeFoundation.org



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Together we can create change!



Time for Change Foundation
P.O. Box 25040
San Bernardino, CA 92406

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You can mail, call, or visit our website:

Time For Change Foundation

Southern CA

P.O. Box 25040

San Bernardino, CA 92406

Northern CA

P.O. Box 12353

Pleasanton, CA 94588

Phone: 909.886.2994

Fax: 909.886.0218

www.TimeForChangeFoundation.org

E-mail: info@timeforchangefoundation.org

To date we've helped over **1,200** homeless women and children reach self-sufficiency AND have reunited **282** children out of foster care back with their mothers!

Come Soar High With Us!

Time for Change Foundation's 17th Annual Awards Gala *"Oh, the Places She'll Go!"*

Save the Date
Friday, April 12th, 2019
6:00 pm – 9:00 pm

Double Tree by Hilton Hotel
222 N. Vineyard Ave.
Ontario, CA 91764

