

# CREATING LASTING CHANGE

*Rising like the sun so others can shine*



## INSIDE THIS ISSUE

- Kids' Annual Trip
- TFCF Hosts Baby Shower
- BBOP Update
- TFCF's W.I.S.H. Project
- Client Success Stories



## Oh Boy! TFCF Hosts Baby Shower for Three Moms-to-Be

Time for Change Foundation (TFCF) had the joy of hosting a baby shower for three of our clients—all expecting baby boys! The room was filled with love, laughter, and plenty of baby blue as our community came together to celebrate these moms-to-be. From gifts and games to heartfelt encouragement, it was a beautiful reminder that no mother walks this journey alone. At TFCF, we're proud to support our clients as they prepare for the bright futures ahead—for themselves and their little ones. We're excited to share that the first two little ones have already arrived, and both moms and babies are doing well!



## Your Hearts Made It Happen

The kids of Time for Change Foundation ended their summer with pure joy at Great Wolf Lodge! From water slides and wave pools to endless laughter, the day was packed with adventure and joy. None of this would have been possible without the incredible generosity of those who purchased a Red Heart at our 23<sup>rd</sup> Annual Awards Gala. Because of you, the kids got to experience a magical summer trip they'll never forget—a true gift of fun, love, and childhood joy.



Keynote speaker Dr. Tara Lynn Gray, Former Director of the California Office of the Small Business Advocate (CalOSBA)

## BOLD VISION, BRIGHT FUTURE: STATE OF THE I.E. ENTREPRENEURSHIP ADDRESS & AWARDS



The BBOP Center and Entrepreneur High School hosted the State of the I.E. Entrepreneurship Address & Awards, celebrating the Inland Empire's entrepreneurial spirit. Keynote speaker, Dr. Tara Lynn Gray, highlighted the power of small businesses to drive growth and opportunity. A panel of local leaders discussed building strong pipelines and expanding access to capital, while the evening closed with awards honoring standout entrepreneurs across the region.

## Elisha's Journey: One Day at a Time

Elisha's journey is a powerful testament to finding light after years of darkness. Struggling with homelessness and alcoholism, she reached a turning point when she saw herself as "horrible and lost." She bravely sought help, and when treatment ended, the open door at TFCF gave her a pathway to a new life. For Elisha, the focus is clear: sobriety is number one. She is committed to a year of continuous sobriety to rebuild her most cherished relationships, healing the "broken promises" of the past and striving to be the loving mother her children deserve.



The work to stay clean is not easy. Elisha is courageously navigating the challenge of learning who she is without the mask she wore for so many years. She's putting in the effort, wisely taking things "one day at a time," and building a foundation for her future. She is currently attending school, diligently working as a cleaning attendant in TFCF's office, and gaining valuable life skills. Her dreams include getting her GED, earning her driver's license, and starting a career, perhaps as a counselor and by launching her own cleaning business.

Elisha's ultimate vision is one of simple connection: sitting with her children at a dinner table, all cooking together. Elisha's story is a true inspiration, showing that her commitment to recovery is the foundation upon which true self-sufficiency is built.

### HELPING FAMILIES FIND STABLE GROUND

Through the Wellness in Stable Housing (WISH) project, TFCF helped families move from homelessness into permanent housing by offering rental and utility assistance alongside wraparound support like therapy, job training, financial literacy, and parenting education—customized to each family's needs. While the goal was to serve 50 individuals, the program exceeded expectations and supported 87 people on their path to stability and self-sufficiency.

This vital work was made possible thanks to the generous support of the Kaiser Foundation.

**87 LIVES TRANSFORMED**



**KAIER PERMANENTE®**

# Matthew



Before coming to Time for Change Foundation, Matthew's life was chaotic. Though he often achieved his goals, selfishness and a lack of consistency caused him to undo his own progress. "Everything I created, I destroyed," he said. "It was up to me to take accountability for my issues. People are willing to help, but it's up to me to accept the help."

At an AA meeting, Matthew connected with Mr. Tillman, life coach in TFCF's Brighter Futures program for men. Facing eviction, financial struggles and alcoholism, he found hope when Mr. Tillman encouraged him to reach out. Unlike other programs that charged fees he couldn't afford, TFCF offered him a real chance to rebuild.

Since entering the Brighter Futures program, Matthew has regained his independence, participated in workforce development and started working part time. He has also reconnected with his family, even joining them on a gym membership plan. "I'm still a work in progress," he said, "but I think about myself differently now. Consistency has been the biggest change, and everything I achieve is because of it." His progress reflects the stability and hope made possible through the Brighter Futures program.

## Shawde

Shawde's childhood was marked by instability and trauma, which eventually led her into a cycle of survival. As a young mother, she struggled to maintain stability for her children and eventually lost custody. In desperation, she left California with a man who promised her a better life, but instead found herself trapped in abuse and regret.

When she returned to California, she spiraled deeper into despair, until one night she hit rock bottom and reached out for help. That call led her to Time for Change Foundation, where she laid everything on the table and committed to rebuilding her life.

Since then, Shawde has gone back to school, entered therapy, and reconnected with her children through supervised visits. Today, she is entering a new season of hope: she recently welcomed a baby and is on the right path to reunification with her kids. Her dream is to become a counselor for women who have faced struggles like hers.

*"I made it out of a life I thought I could never escape. Now I want other women to know there's a way out, too." -Shawde*



*"I made it out of a life I thought I could never escape. Now I want other women to know there's a way out, too."*

Shawde's story shows that when mothers are given time, tools, and support, families can be restored.

Time for Change Foundation  
Southern CA  
P.O. Box 25040  
San Bernardino, CA 92406

Northern CA  
P.O. Box 12353  
Pleasanton, CA 94588



Non Profit Org.  
US Postage Paid  
San Bernardino, CA  
Permit #3079

OR CURRENT RESIDENT



# GIVE *Hope.* BUILD CHANGE

Empowering families to thrive  
through housing, healing, and hope.

*Hope starts here. with you!*



SCAN TO DONATE

To date, we've helped over 5,300 homeless women and children reach self-sufficiency and have reunited 332 children out of foster care back with their mothers!