



# CREATING LASTING CHANGE

RIISING LIKE THE SUN, SO OTHERS CAN SHINE

VOLUME 22 | ISSUE 1 | Summer 2024



**CAROL CASTELLANOS**

"With this scholarship, I can now devote more to my studies, rather than worrying how I am going to make one and one add up to two."



**ALEJANDRA ACERO**

"In the perfect world, I would be able to just go to school full time, but I do not have that privilege. I must work on the weekends, which can get hard, because that is the time that's taken away from studying for my tests. I am on a very tight budget and working only on the weekends. This scholarship is truly a blessing!"



## Bridging Futures for Women of Color in Vocational Excellence and Entrepreneurship

Over the last year Time for Change Foundation introduced our groundbreaking scholarship initiative, designed to advance women of color towards economic stability and higher educational achievement. With the generous support of our donors, we have been able to serve 80 women in successfully completing vocational training programs and the Black and Brown Opportunities for Profit (BBOP) Business Academy for entrepreneurs. By providing financial aid we aim to dismantle barriers and foster pathways to a brighter future. Together, we're cultivating a community where every woman has the opportunity to thrive, contributing not only to her own success but also to the enrichment of her family and community.

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**Iseses Tipton**

"It's difficult being a single mother with children, bills, rent, and so on. I am entering my final term with confidence and a lighter financial burden!"



**Jayda Davis**

"With the scholarship it feels like the weight of the world is lifted off my shoulders, for the first time in months I don't have to debate if my groceries or gas bill are priority."







### BBOP QUARTERLY BUSINESS MIXER: A NIGHT OF NETWORKING AND FUN

On Wednesday, June 26, the Black and Brown Opportunities for Profit (BBOP) Center hosted its quarterly business mixer. Attendees enjoyed building their network of business colleagues, savoring refreshments, and participating in exciting raffles. The event was a resounding success, bringing together a vibrant community of entrepreneurs.

Mark your calendars for the next business mixer, which will be held on August 19 at 6:30 PM at 599 N. Arrowhead Ave. Don't miss this opportunity to connect, learn, and grow with fellow business owners and aspiring entrepreneurs.



Black & Brown  
Opportunities  
for Profit

### BBOP CENTER CELEBRATES FIRST PITCH COMPETITION SUCCESS

The BBOP Center made history as we hosted our first annual pitch competition! Women pitched their business ideas for the opportunity to win up to \$10,000 in capital investment. We are proud to announce the winners:

- First prize of \$10,000 went to La Shaunn Spivey-Angeletti.
- Second prize of \$5,000 went to Daisy Munguia Flores.
- Third prize of \$3,000 went to Roxanne Williams.

We are incredibly proud of these women and excited to support women of color entrepreneurs. Stay tuned for the next competition!



### ROSE'S JOURNEY: FROM STAGNANT TO SUCCESS WITH THE BBOP BUSINESS ACADEMY

"I never knew anything like the Black and Brown Opportunities for Profit (BBOP) Center existed. As soon as I heard about it, I immediately signed up! Since making that decision, I have been in an upward spiral in my business. I always wanted to be in the food industry, but I didn't know how to go about it; it's always been a dream of mine! After coming to BBOP they showed the ways and the avenues of becoming an entrepreneur. There are steps and procedures, a recipe they have taught me to follow. There are steps to follow in having a business just like steps to follow in a recipe to bake a cake. Special Ingredients, procedures to get to the finished product. I have learned you cannot procrastinate, and it takes commitment, effort, sacrifice and work. Since coming to the BBOP Center I have successfully increased my catering business by 40% and it's still growing!

I have increased my customer base, developed my website, created a business and marketing plan, created business cards, and officially formalized my catering company, all thanks to the support I have received from the BBOP Center."

– Rose





## SUNSHINE AND SMILES: HIGHLIGHTS FROM OUR ANNUAL KIDS SUMMER TRIP



Our children's summer trip was a fantastic success! The kids enjoyed a variety of activities, from swimming and playing games to dancing and savoring delicious food. The trip offered a wonderful opportunity to experience new environments and make lasting memories. The nature walk was a highlight, providing a refreshing change of scenery and a chance for the children to bond and explore. A special thank you to our generous supporters who purchased heart necklaces at this year's gala—your contributions made this unforgettable adventure possible!

## Sweet Dreams gets a new kitchen, because of you!

**Thank you,** to everyone who contributed to TFCF's Kitchen Improvement Campaign! Because of you we raised the much needed funds to enhance the kitchen at our Sweet Dreams shelter for homeless women and children. At TFCF we believe in giving the best to those that need the most! After 22 years, our kitchen required maintenance repairs and upgrades to ensure the safety and well-being of our families. As with any home, this kitchen is the heart of the home. It's a safe space where the mothers prepare well balanced meals and fun snacks for their children; rebuilding and nourishing their bodies, souls, and their relationship with each other.

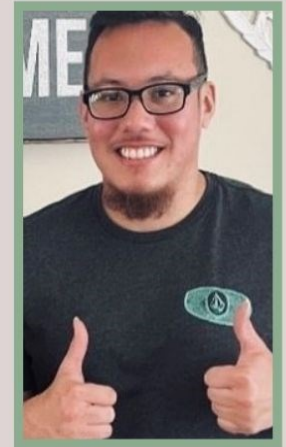




# From Struggle to Self-Sufficiency

## FRANCISCO'S STORY

**Francisco's** journey began in Mexico, where his family hailed from, but his struggles with mental health have been a lifelong challenge. Diagnosed with bipolar disorder and schizophrenia, he was initially skeptical of medication and chose not to take it. This decision led to numerous difficulties, including legal troubles and frequent jail time due to mental health episodes. Francisco often experienced hallucinations, became violent, and had outbursts in public, causing significant strain on his relationships with his family, whom he mistakenly believed were against him due to his paranoia. His use of alcohol and weed further exacerbated his condition, leading to even more erratic behavior.



After a month-long stint in jail, Francisco had a moment of clarity and realized he needed to change. He was determined to rebuild his life and mend his broken relationships with his family. Seeking help, Francisco turned to Brighter Futures, where he found the support, he needed.

Under the guidance of Mr. Tillman, Francisco agreed to start taking medication to stabilize his mental health. This decision marked a turning point in his life. Francisco noticed a drastic improvement in his mental health, which gave him the stability he had been missing. Alongside medication, he participated in therapy sessions with Lizzy at the SoCal office, which provided him with additional support and coping strategies. The combination of medication and therapy has been transformative for Francisco.

His mental health has improved significantly, allowing to regain control over his life. He was able to secure a full-time job, which has given him a sense of purpose and stability. Moreover, the support and guidance from Mr. Tillman and Mr. Jermaine have been invaluable, helping him stay on track and continue his progress. Francisco's journey is a testament to the power of proper mental health care and support. Today, he is rebuilding his relationship with his family and looking forward to a brighter future, thanks to the resources and guidance he received at Brighter Futures.

## DALLELA'S STORY



**Dallela's** life took a drastic turn when she joined Time for Change Foundation. Her life was in a desperate, hopeless, and homeless state. She lost her mother, lost their home, and realized that she had a problem with drinking and drugs. It ruined her relationships with her siblings, her children, and herself. She felt so hopeless that she attempted suicide by crashing her car into the center divider on the freeway—twice.

Miraculously, she survived without a scratch. When she woke up from being unconscious, she heard her mother screaming and crying, asking what she had done. During her time in the hospital, she confronted her deep-seated depression, anxiety, and trauma. Following her discharge, she entered rehab and later sought help from Time for Change Foundation, where she found a support system that nurtured her self-confidence and love. With counseling, educational classes, and employment resources, she rebuilt a stable home.

Today, Dallela is employed, living in her own apartment and celebrating nearly a year of sobriety. Her journey stands as a testament to the transformative power of support, resilience, and faith in oneself. Grateful for the opportunity she received, she now aspires to help other women facing similar challenges, inspired to become a counselor or advocate.



# LEAP-ing to Success

## About LEAP

The Legal Employment Accessing Profit (LEAP) program has been instrumental in transforming lives, serving a total of 203 individuals to date. Through its comprehensive services, LEAP has successfully secured full-time job placements for 115 participants and part-time positions for 30 others. The program has also provided critical support for those battling substance abuse disorders, with 98 individuals receiving specialized services. Additionally, 95 participants were linked to essential medical care, while 172 individuals benefited from legal services. Mental health support was also a key focus, with 95 individuals receiving the assistance they needed. LEAP's holistic approach continues to empower people to rebuild their lives and achieve lasting stability.



### Beverly

At 71 years old, I successfully completed my first resume! I'm now pursuing education to become a drug and alcohol counselor, thanks to the incredible support of the LEAP program. After spending seven years in prison, I transitioned to sober living in LA before coming to TFCF on 12/23. Now, I have my own apartment and currently taking a law and ethics class. The LEAP program has also assisted me in resolving my legal issues, providing the stability I needed to move forward. This newfound independence is a blessing, and I am immensely grateful for the unwavering support I have received.

### Andranay

I found myself faced with a legal issue and feared losing my child and having charges that could go on my permanent record. I had heard that Time For Change Foundation had a legal program that could help me since I had an arrest, so I reached out to them. They were able to help me that day, guiding me through the process of my legal referral. Thanks to their support, I was also able to update my resume and find ways to communicate with my employer about my charges. The LEAP program even helped me buy scrubs for my job as a Psychiatric Technician at Patton State Hospital. My legal issues were cleared up, and I was able to stay full-time at my job. I appreciate all the help the staff has provided me.





# THE IMPACT OF STABILITY ON CHILDREN'S LIVES



At Time for Change Foundation, we understand that stable housing is foundational to children's well-being. Having a safe, stable place to call home is critical for their healthy growth and development. When mothers are provided with stable housing, it significantly improves their children's mental health and stability.

Primary caregivers exert an inordinate amount of influence on children from birth to age three. This early period is crucial for children's development, making the role of stable housing even more vital. Unfortunately, residential instability can lead to other sources of instability, including changes in caregivers, schools, and neighborhoods, thus increasing the overall chaotic nature of children's primary environments.



“ 1.2 MILLION CHILDREN UNDER SIX YEARS OLD EXPERIENCE HOMELESSNESS IN THE UNITED STATES ”

Children are our priority, and we strive to create environments where they can lead healthy, thriving lives. Access to therapy and support services help both mothers and children heal from past traumas, breaking the cycles of incarceration and violence that often span generations.

According to a study by the Population Research Bureau, **kids with an incarcerated parent are three times more likely to face behavioral problems and depression than their peers and twice as likely to suffer from learning disabilities, ADHD, and anxiety.** This highlights the profound impact of parental incarceration on a child's well-being. Additionally, data shows that children who witness or experience violence in their homes are more likely to become victims or perpetrators of violence themselves. By ending these cycles, we offer children a real chance at a better life.

Statistics reveal that 1.2 million children under six years old experience homelessness in the United States, with 50 percent of homeless children under the age of four having developmental delays. This stark reality underscores the urgent need for comprehensive support and intervention. Our programs aim to provide the tools and resources needed to foster stability and well-being, ensuring that every child has the opportunity to grow up feeling secure and loved. Through stable housing and comprehensive support, we pave the way for a healthier, more hopeful generation.

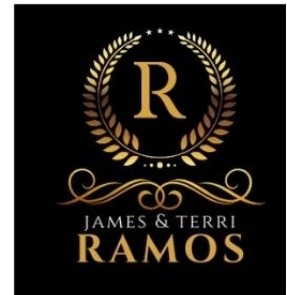


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