

# CREATING LASTING CHANGE

Rising Like the Sun, so Others Can Shine

Summer 2025 | Issue 2 | Volume 23



for women who have experienced homelessness, incarceration, and trauma.

Through her leadership, she has built programs that don't just offer temporary help—they offer lasting change. From founding Time for Change Foundation to launching the Black and Brown Opportunities for Profit (BBOP) Center, Dr. Carter-Tillman has helped thousands of women reclaim their power, reunite with their families, and build lives filled with purpose and dignity. Her recognition comes with a \$25,000 grant from the Nexstar Charitable Foundation, following her regional win representing KTLA and a \$5,000 award for her charity. Her story, recently featured on The Jennifer Hudson Show and aired nationwide on The CW Network, continues to inspire a movement of change.

## Investing in HER Future

Through our scholarship initiative, we're proud to invest in the futures of women of color who are pursuing higher education and economic stability. These awards are more than financial support—they're a commitment to equity, empowerment, and breaking generational barriers. By helping women access the tools and education they need to thrive, we're creating a pathway toward lasting change.



### Sabrina Pacis

"The scholarship helped ease the financial burden of my college tuition and helped me concentrate more on my academic growth."



### Jas Malone

"I will be attending Cal State San Marcos in the fall where I'll be studying psychology. This scholarship will help pay for tuition and housing."

### Andi Syafitri

"This scholarship is the key to unlocking my potential as a nurse, securing my family's future, and fulfilling my commitment to making a lasting impact in healthcare"



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## BBOP-Entrepreneur High Innovation Pitch Competition

Big ideas took center stage at the first-ever BBOP x Entrepreneur High Innovation Pitch Competition, where powerhouse entrepreneurs and rising student innovators shared the spotlight.

- First Place:** Oya Femtech Apparel Inc. snagged \$5,000 and a BBOP Grow Program membership for their breathable, antimicrobial sportswear.
- Second Place:** PADI earned \$3,000 for their eco-friendly menstrual pads made from banana agrowaste.

The energy was off the charts as seven student teams from Entrepreneur High School pitched their own ventures—each receiving \$250 and a unique opportunity to incubate their businesses alongside seasoned founders.

From Femtech to fashion, this competition proved one thing: innovation is alive and thriving in our community!



"The pitch competition gave me the opportunity to present my business in front of a live audience and receive valuable feedback. It boosted my confidence and helped me realize that I can accomplish anything I set my heart to do."

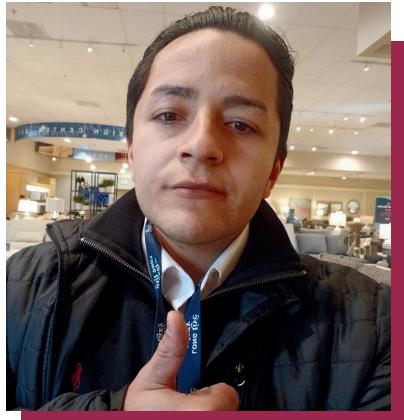
**Sharon Doyle | Amazing Family Childcare**



## Client Success Stories—Real Lives. Real Change.

### LUIS

When Luis walked out of prison in late 2024, he carried with him a clear vision: leave behind the past and chase a new future rooted in education and purpose. Originally from Southern California, he knew returning home meant



risking old habits and toxic influences. With no job waiting and no familiar faces in the Bay Area, he took a leap of faith and moved 500 miles away from everything he knew to start fresh. That leap led him to Brighter Futures, Time for Change Foundation's home for men recovering from incarceration and homelessness.

New to Alameda County and unsure of where to turn, he was relieved to find a place that offered structure

without limiting his ambition. TFCF gave him the stability to pursue his goals. He enrolled in Laney College, where he's studying business to become an accountant, and managed to balance a full-time job while finishing his first semester with straight A's. When he was accepted into CSU East Bay, just minutes from TFCF, he finally felt something he hadn't in a long time: hope.

Luis says listening to Mr. Tillman, Peer Mentor, and Dr. Carter-Tillman's stories of transformation, showed him what's possible with hard work and resilience. He's learned to never give up, to believe in himself, and to stay disciplined in the pursuit of his dreams. Though fear and doubt lingered after his release, Luis knows this new chapter is only the beginning. Thanks to Time for Change Foundation, he's building a life rooted in purpose, not survival and proving that real change is possible.

## LAUREN

When Lauren arrived at Time for Change Foundation, she was guarded and worn down from trying to survive on her own. Pregnant and caring for a baby, she had no place to call home—just cars, motels, or the kindness of a relative's couch when available. Every call for help went unanswered, except one, TFCF. "I didn't come to them," Lauren said. "They came to me." That phone call was the lifeline she didn't know she needed, and the beginning of a new chapter.

Years of emotional abuse had left deep wounds. To cope, Lauren turned to alcohol. Something she saw her own parents do. For three years, her children watched as she drowned her pain, and her older kids eventually went to live with their father for stability she couldn't offer. She hit a breaking point one night in the car with her newborn, and made the hardest decision: to fight for a better life. At TFCF, she found therapy, drug and alcohol counseling, and for the first time, support. Slowly, she let her walls down and allowed herself to hope again.

Today, Lauren is rebuilding her life with purpose. She's earning her GED, working, and preparing to enroll in cosmetology school—not just to make ends meet, but to build a real career. Her confidence has bloomed, and she looks at her progress with pride. With every step forward, she's moving closer to reuniting with her children and giving them the safety, love, and stability they've always deserved.

## MONIQUE

Monique is a devoted mother of seven who found herself trapped in a cycle of domestic violence. Determined to protect her children and build a better life, she made the brave decision to leave her abusive relationship even though it meant starting over with nothing.

With no safe place to go, Monique and her children spent nights crammed into a five-seater car. "Eight people in a 5-seater, like sardines," she recalls. The weight of depression settled over the whole family. At her lowest point, Monique felt like a failure—as a woman, and as a mother. She even considered surrendering her children to CPS, thinking they might have a better chance without her. There was a time when Monique had to make the painful decision to temporarily separate from four of her children until she could find stability. That decision haunted her, but it also fueled her determination to get them all back.

Everything changed when she found Time for Change Foundation.

At TFCF, Monique received case management, parenting classes, and domestic violence support



that helped her begin healing. She learned how to parent from a place of strength, how to rebuild her life, and how to believe in herself again. Just three months after arriving at Time for Change Foundation, Monique moved into her own apartment and was able to reunite with all seven of her children. Today they're living in a safe, stable home filled with love and laughter.

Monique's aura has completely transformed. She's no longer weighed down by hopelessness, she radiates purpose. She's on track to earn her GED and is going to school full time to become a surgical technician.

Her journey is a powerful testament to the strength of a mother's love and the life-changing impact of hope, healing, and support.



**"I didn't come to Time for Change, Time for Change came to me."**

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Your Partnership = Real Change

TOGETHER, WE CAN BREAK THE CYCLE OF HOMELESSNESS  
FOR WOMEN AND CHILDREN.

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